

Big Idea: Loneliness is Good when it leads to Solitude

“Who among you fears the LORD and obeys his servant? If you are walking in darkness, without a ray of light, trust in the LORD and rely on your God.”
isaiah50/10nt

*crowd 163 *alone 167

Jesus spent 40 days alone in the desert- Matthew 4

Before choosing 12 disciples he spent the night alone in the desert hills-
Luke 6

Went to a lonely place when he heard of John the Baptist’ death- Matthew
14

After feeding 5,000 he went to the hills by himself- Matthew 14

After a long night of work he went to a lonely place before sunrise- Mark 1

Prayed alone for hours in Gethsemane the night before his crucifixion-
Matthew 26

“To draw near to listen is better than to offer the sacrifice of fools”
ecclesiastes5/1 esv

HOW TO TURN LONLINESS INTO SOLITUDE

In the silence, Trust God

“I am the Lord’s servant,” Mary answered. “May it be to me as you have said.”
luke1/38

Embrace God’s Work in the “inner place” of your heart

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HOW TO CULTIVATE SOLITUDE IN YOUR LIFE

Notice the Little Solitudes that fill your day

“The feelings I get when I see the high mountain ranges —stirrings of desire, longings for the heights— Remind me of you...” song of Solomon 7/5 TM

Create a Margin in your life for solitude

“I rise early, before the sun is up; I cry out for help and put my hope in your words.” psalm119/147nt