

Vs1&gt;3 Fear always leads to emptiness

**Big Idea: Without Christ Life Is Empty**

"Everything of God gets expressed in him, so you can see and hear him clearly. You don't need a telescope, a microscope, or a horoscope to realize the fullness of Christ, and the emptiness of the universe without him. When you come to him, that fullness comes together for you, too. His power extends over everything." colossians2/9>t0TM

Vs4 Emptiness leads to Uncertainty

"When Ahab got home, he told Jezebel what Elijah had done and that he had slaughtered the prophets of Baal. So Jezebel sent this message to Elijah: "May the gods also kill me if by this time tomorrow I have failed to take your life..." Elijah was afraid and fled for his life... Then he went on alone into the desert, traveling all day. He sat down under a solitary broom tree and prayed that he might die. "I have had enough, LORD," he said. "Take my life..." Then he lay down and slept under the broom tree. But as he was sleeping, an angel touched him and told him, "Get up and eat!" He looked around and saw some bread baked on hot stones and a jar of water! So he ate and drank and lay down again. Then the angel of the LORD came again and touched him and said, "Get up and eat some more, for there is a long journey ahead of you." So he got up and ate and drank, and the food gave him enough strength to travel forty days and forty nights to Mount Sinai, the mountain of God. There he came to a cave, where he spent the night. But the LORD said to him, "What are you doing here, Elijah?" Elijah replied, "I have zealously served the LORD God Almighty. But the people of Israel have broken their covenant with you, torn down your altars, and killed every one of your prophets. I alone am left, and now they are trying to kill me, too." "Go out and stand before me on the mountain," the LORD told him. And as Elijah stood there, the LORD passed by, and a mighty windstorm hit the mountain. It was such a terrible blast that the rocks were torn loose, but the LORD was not in the wind. After the wind there was an earthquake, but the LORD was not in the earthquake. And after the earthquake there was a fire, but the LORD was not in the fire. And after the fire there was the sound of a gentle whisper. When Elijah heard it, he wrapped his face in his cloak and went out and stood at the entrance of the cave... Then the LORD told him, "Go back the way you came..." 1kings19

Vs5>6 Sometimes I just need rest  
\*see also exodus20/9>10

Vs9&gt;10 Sometimes I just need a new perspective

Vs11&gt;14 Sometimes I just need to hear God's voice

Vs15 Sometimes I just need to get back to the basics

# Fusion Group Study Guide

This Fusion Group study guide is designed to help you apply the message to your life and grow in Christian maturity. We encourage you to make it a priority to be part of a Fusion Group on a regular basis.

Our Fusion Groups are where faith and practice, where friendships with others, where learning and lifestyle are Fused Together.

You can listen to our messages at our website: [www.acts176.com](http://www.acts176.com) by clicking on the "Resources" link.

You can get info about our Fusion Groups from our web site as well, or my emailing [info@acts176.com](mailto:info@acts176.com).

## **Celebrate** (celebrating who God is, and what He is doing)

1. What was the "high" for you this week?

2. What was the "low" for you this week?

## **Contribute** (contributing to God, His Church, and others)

1. What are some things it is easy to become fearful of during this part of life (either regarding the recession, our kids, our future, etc)

2. What are some of the things we isolate ourselves from during those fearful times?

3. What is the danger in letting ourselves become isolated?

4. Have you ever felt like Elijah, where it feels like you've done so much for God yet you still feel alone and let down?

## **Connect** (connecting with God and others)

1. How can involvement with others combat the feelings of isolation and emptiness?

2. What are ways you connect with God and gain His perspective, or "hear Him" ?

## **Create** (Creating other Christ Followers, and creating God's Kingdom on earth)

1. What can you do, who can you become, to take "next steps" in helping build God's Kingdom?